



UNC REX
HEALTHCARE

Digestive
Healthcare

Preparation for Gastroscopy (EGD)

Name _____ Date _____ Arrival Time _____

Physician _____ Location _____

*****DO NOT STOP YOUR ASPIRIN IF YOU TAKE IT DAILY*****

*****DO NOT TAKE IRON FOR 5 DAYS PRIOR TO YOUR PROCEDURE*****

*****DO NOT SMOKE ON THE DAY OF YOUR PROCEDURE, INCLUDING SMOKING TOBACCO,
ELECTRONIC CIGARETTES, MARIJUANA, CIGARS, AND/OR PIPES*****

- Stop Coumadin/Plavix on _____. Have lab work drawn on _____.
- Diabetic medicine adjustment: Do not take any diabetic medications on the day of your procedure until you return home and begin eating again.
- Take your usual morning medications on the day of the exam unless the nurse or scheduler instructs you otherwise.
- Do not eat or drink after midnight the evening before your exam.
- If your test is scheduled after 12:00pm (noon), you may have clear liquids until _____ on the morning of your exam.

***YOUR DRIVER MUST STAY FOR YOUR ENTIRE PROCEDURE ***

Call nursing at 791-2040 with any questions.

You can also visit our website at www.dhcraleigh.com for more information.

ARRIVAL TIME IS SUBJECT TO CHANGE.