

# DIGESTIVE HEALTHCARE

## Preparation for Gastroscopy (EGD)

Name \_\_\_\_\_ Date \_\_\_\_\_ Arrival Time \_\_\_\_\_

Physician \_\_\_\_\_ Location \_\_\_\_\_

**For 3 days before your exam, DO NOT take Aspirin, Ibuprofen, Aleve, Motrin, Iron, Naproxen, BC Powder, or Goody's Powder.**

- Stop Coumadin/Plavix on \_\_\_\_\_. Have lab work drawn on \_\_\_\_\_.
  
- Diabetic medicine adjustment: Do not take any diabetic medications on the day of your procedure until you return home and begin eating again. \_\_\_\_\_
  
- Take your usual morning medications on the day of the exam unless the nurse or scheduler instructs you otherwise.
  
- Do not eat or drink after midnight the evening before your exam.
  
- If your test is scheduled after 12:00pm (noon), you may have clear liquids until \_\_\_\_\_ on the morning of your exam.

**\*YOU MUST BE DRIVEN HOME AFTER THIS EXAM\***

Call nursing at 791-2040 with any questions.  
You can also visit our website at [www.dhcraleigh.com](http://www.dhcraleigh.com) for more information.

**ARRIVAL TIME IS SUBJECT TO CHANGE.**